



# IT TAKES 5 TO TANGO

From competition  
to cooperation  
in health care

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# GLOSSARY

## **Glossary of abbreviations**

ADHD: Attention-deficit/hyperactivity disorder

AI: Artificial intelligence

AMR: Antimicrobial resistance

ASCT: Autologous stem cell transplant

ACTIV: Accelerating COVID-19 Therapeutic Interventions and  
Vaccines

B2B: Business to business

B2C: Business to consumer

CART: Chimeric antigen receptor T-cell

CMS: Center for Medicaid & Medicare Services (US)

D-Health: Digital Health

DRG: Diagnosis-related group

DTx: Digital therapeutic

ECB: European Central Bank

EHR: Electronic health record

EMR: Electronic medical record

EPR: Electronic patient record

EMA: European Medicines Agency

ER: Emergency room

FDA: Food and Drug Administration (US)

FedAI: Federated AI based learning

FFS: Fee-for-service (system)

GDP: Gross domestic product

GP: General practitioner

HHS: Health and Human Services (US)

HNP: Harvard Negotiation Project

ICHOM: International Consortium for Health Outcomes Measurement

IFM: Intergroupe Francophone du Myélome

IMF: International Monetary Fund

IMiDs®: Proprietary small molecule, orally available, that modulates  
the immune system

IPU: Integrated patient unit

M-Health: Mobile Health

ML: Machine learning

MM: Multiple myeloma

NHS: National Health Service (UK)

NIH: National Institute of Health (US)

OECD: Organisation for Economic Co-operation and Development

OSH: Oak Street Health

PON: Program on Negotiation

PPP: Public-private partnership

PROMS: Patient reported outcomes measures

RA: Rheumatoid arthritis

R&D: Research and development

ROI: Return-on-investment

RPM: Remote patient monitoring

RVU: Relative value unit

SDOH: Social determinants of health

TDABC: Time-driven-activity-based-costing

VBHC: Value-based health care

VC: Venture capital

WEF: World Economic Forum

WHO: World Health Organization

WMA: World Medical Association

Have you ever wondered, “What the heck is wrong in our health care systems?” We have made such great progress in medicine, science and overall care. Yet, in many places, we seem to hit a ceiling of affordability, waste and quality.

- ✳ Do you want to be part of the solution rather than the problem?
- ✳ Have you wondered how you could possibly contribute?
- ✳ Are you exhausted by the many failed attempts to fix the system?
- ✳ As a result of the COVID-19 pandemic, are you curious about how health care works?

*Then, this book is definitely for you!*

Join us in the community of practice and send your thoughts, ideas, and questions to the blog: [TangoForFive.com](https://TangoForFive.com)

“As a patient for many decades, I thoroughly and warmly welcome Dr Voelter’s insightful and visionary drive for a much-needed reform in health care. She outlines what’s needed for the future: moving from reactivity to proactivity through collaboration, trust, and empowerment. The book delivers tangible advice – backed by both science and personal experience – making it a must-read for anyone who is involved in health care in any capacity. Let’s dance!”

*Hanna Boëthius, Diabetes Patient Expert and Founder at the Low Carb Universe, Switzerland*

“I love the Tango metaphor that Verena introduces us to. We – all of the various stakeholders in health care – need to join in this new dance and contribute to a whole that is far greater – not far less – than the sum of its parts. We need to Tango.”

*Zeev Neuwirth, MD, Chief Clinical Executive at Atrium Health, Author of Reframing Healthcare, United States*

Verena Voelter, MD,  
Founder and  
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Dr Voelter is a passionate internist and oncologist, always at the forefront of patients’ needs and the latest breakthrough science. During her clinical and executive business career in health care, she collected a unique set of expertise in both the public and private sectors. She is passionate about co-creating collaborative solutions among the main decision makers in the ecosystem: patients, providers, pharma, payers and policymakers.



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